



# The power of kindness.

Hello! My name is

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- I live  Next door  
 Nearby at

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My number is

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I'm happy to help people in my community and am reaching out to you to see if there is any good neighbourly thing I can do.

- Picking up shopping or urgent supplies  
 Collecting/posting mail  
 A friendly phone call  
 Watering the garden  
 Putting the bins out  
 Feeding/walking pets  
 Or

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Please call or text me if I can help in anyway.

[redcross.org.au](http://redcross.org.au)

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