

Donating goods.

You can donate specific items for migrants in transition and help them meet basic needs. Check out the list below for items that can make a big difference to people and families with limited resources!

Thank you so much for your donation – and for supporting your community!



GROCERIES

- Cooking oil
- Long-life milk
- Sugar
- Rice
- Lentils
- Chick peas
- Canned vegetables
- Tinned tomatoes
- Dried fruit
- Cereal
- Wheat Biscuits
- Tea and coffee
- Sandwich bags
- Food wrap
- Dishwashing liquid

SCHOOL SUPPLIES

- Exercise books
- Pens and lead pencils
- Ruler
- Eraser
- Glue
- Sharpener
- Pencil case
- Display folders

WELCOME TOKENS

- Letters of welcome
- Toys for children*
- Australian themed items

TOILETRIES

- Unisex spray deodorant
- Body wash
- Shampoo
- Conditioner
- Toothbrush and toothpaste
- Comb

PLEASE NOTE: Local support systems differ across the country. Contact the Red Cross office in your state or territory to find out more about what is needed in your area.

**Chat to your Red Cross contact about how to select culturally and age appropriate toys.*