



# You mobilise a movement

No matter where or when disasters strike, Red Cross teams like Tracy and Bec stand ready to help.



Photo: ABC News/Michael Clements

A Red Cross staff member identifies areas where people need urgent humanitarian support during the Victorian bushfires in 2020.

In Australia and around the world, people are impacted by natural disasters, crises, and daunting uncertainty. Your generosity helps mobilise us to be there for people when they have nowhere else to turn. Here's how.

Photo: Australian Red Cross/Matthew Lynn





## We know where to start

When a crisis or disaster hits, it's often overwhelming and difficult. When people don't know where to start, our teams are there. They are specially trained in psychosocial support so they can help people and their loved ones through the most challenging experiences.



**\$50**

can train a Red Cross volunteer to support people who have experienced trauma.



# \$100

can help provide groceries for a family who is seeking safety in Australia and has no other support.

Photo: Pexels/ Gustavo Frin



## Peace of mind

Rebuilding your life following a crisis or emergency is no easy task. For families arriving to Australia who have fled from armed conflict, violence, or trauma, this can be even harder without any means of support. Your donation can help provide groceries, medicines or other essentials to a newly arrived migrant family, giving them the peace of mind to focus on rebuilding their lives for a brighter future.



Lynne, a farmer on Kangaroo Island, South Australia, stands in front of her razed home that was lost during the bushfire emergency in January 2020. After the fires, Red Cross helped organise events to bring people together and foster community spirit. As well, our teams provided psychosocial support and cash grants to help people like Lynne as they rebuilt their lives. That was made possible by generous donors like you.

“I was relieved and it actually reaffirmed my faith in humanity. It’s taken the pressure off. It’s been such a big help,” said Lynne.



Photo: Australian Red Cross/Louise M Cooper



Red Cross volunteers assist people in evacuation centres after a disaster by registering them, offering referral services, supplying essential goods and providing psychosocial support and comfort.

## Support when it's needed most

# \$200

can help a Red Cross team set up an evacuation centre.

When disaster strikes Red Cross teams are on the ground in evacuation centres providing emotional and practical support. Our teams give people comfort and a shoulder to lean on. They make sure families have a safe place to sleep, access to food and essentials, and the support services they need to help them through.

When torrential rains threatened their home in Ballina, New South Wales, Nadia (right) took her baby daughter to an evacuation centre. Her partner and her brother stayed behind to move their belongings above ground. But when the floods hit, reception went down across town. For two days, Nadia didn't know if they were safe or not. "I couldn't get hold of my partner. I didn't know what was going on and that was really quite scary," said Nadia. Red Cross helped her locate her partner and also provided clothes, food and nappies for her daughter.

Photo: Australian Red Cross/Dilini Perera



## Reuniting loved ones

Not knowing where your loved ones are or if they are safe is a traumatic experience for anybody. No matter what happens, Red Cross teams are there to support people through their toughest times. For some, this can include helping find their family and reunite them after a crisis.



# \$500

can help fund our service to reconnect families in disasters, reducing a major source of trauma.



**Australian  
Red Cross**

Disasters and crises won't stop. But neither will  
Red Cross: 24 hours a day, 365 days a year.

**Thanks to your support, we'll be there to help.**

**Please  
donate  
today**